



## October: Week One

### Objective:

I can set goals like our Latin X heroes.

### Activities:

- Watch Biographies Of Notable Latinx Figures
- Engage In A Conversation Future Goals
- Work On In The Footsteps Of Heroes Activity

### Materials:

- Pencils
- Handouts of [Footsteps of Our Heroes \(Page 5\)](#)
- Background music for working

### Character Word: Community

#### Some Music Videos:

- [You, Me & Community | Together We're the Key](#)
- [Sesame Street: Community Song with Mickey Guyton](#)
- [Community Song \(Unity\)](#)
- [Happy Dance Song by Gracie's Corner | Nursery Rhymes](#)
- [Sister Sledge - We Are Family/Choreography](#)
- [Community Helpers | Kids Song & Kids Dance](#)

#### Community Games:

- Telephone - Simply place the students in a circle and begin the games by whispering a word or phrase into the 1st player's ear. The students then pass the message along. This game teaches the importance of listening while illustrating that we should not whisper or gossip.
- Musical Chairs - A game of patience and strategy.
- S.T.E.M. Building Games - Use blocks, paper cups or other safe and handy materials. Have the children work in teams to build a structure.

### Lesson:



\*\*\*This lesson includes a range of videos. It's perfectly fine if you don't cover all of them today. You have the option to use them on a different day. The diverse content is provided to offer students the flexibility to choose, enhancing engagement in the lesson.

The purpose of today's lesson is to highlight the contributions of the LatinX community to the world. Allow time for today's activity that invites the children to draw and write about their future dreams.

Play the short video about Dafne Almazon ► [Mexico's Child Geniuses](#). Ask students the following discussion questions:

- A. Ask the children what they would study if given the chance to design a school.
  - B. Ask the children what hobbies they make time for and how much practice do they commit to each day.
1. Play the read aloud about Cesar Chavez ► [Cesar Chavez Read Aloud](#). Ask students the following discussion questions:
    - A. What type of fruits/vegetables they like?
    - B. Ask students where they come from?
    - C. Why were people who picked and grew our food treated unfairly.
    - D. Why Mr. Chavez fought so that LatinX workers would be treated fairly.
  2. Play the video about Ellen Ochoa ► [The First Female Hispanic Astronaut](#). Ask students the following discussion questions:
    - A. Why did Ellen chose to become an astronaut?
    - B. Why do you think Ellen faced the so many obstacles in her pursuit to becoming the first Latina to enter orbit and play the flute?
    - C. Optional: The video asks a wonderful question at the end if you choose to explore.