



May: Week One

Objective:

I Can Learn about The Chinese American Experience

Activities:

Students learn kung fu with Kung Fu Panda.

Materials:

Kung Fu Panda activity.
[Kung Fu Panda Exercise for Kids](#) 🐼 |
[Brain Break](#) | [Indoor Workout for Children](#)

Character Word: COURAGE

Songs

[The Wiz \(7/8\) Movie CLIP - If You Believe \(1978\) HD](#)

[Roar](#) | [Music For Kids](#) | [Dance Along](#) | [GoNoodle](#)
[Michael Jackson - Man In The Mirror \(Lyrics\)](#)

Inspirational vids

[Naturally Brave Kids: What does being brave mean to you?](#)

What does being brave mean to you?

[For the Heroes: A Pep Talk From Kid President](#)

[100 Kids Tell Us Their Fears](#) 🦋 🍊 🧛 | [100 Kids | HiHo Kids](#)

Read Aloud

[When You Are Brave](#) by Pat Zietlow Miller & Illustrated by Eliza Wheeler | [Read Aloud](#) |

Lesson:



Why we celebrate AAPI

[Olivia Rodrigo | Asian Pacific American Heritage Month | Disney Channel](#)

[What These Asian American Families Love About Their Culture](#) | [Over the Moon](#) | [Netflix](#)

Read Aloud About Angel Island

[A Journey Through Angel Island \(Animated Video\)](#)

How did immigrants show courage? What did immigrants carve into the wall?

What can you do to make someone feel welcome?

CONT'D

JAM Time:

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May: Week One

Objective:

I Can Learn about The Chinese American Experience and Courage

Activities:

Students enjoy dancing with Just Dance.

Materials:

[Just Dance Kids Kung Fu Fighting](#)

Character Word: COURAGE

Songs

[The Wiz \(7/8\) Movie CLIP - If You Believe \(1978\) HD](#)

[Roar | Music For Kids | Dance Along | GoNoodle](#)

[Michael Jackson - Man In The Mirror \(Lyrics\)](#)

Inspirational vids

[Naturally Brave Kids: What does being brave mean to you?](#)

What does being brave mean to you?

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Read Aloud

Read Aloud

[When You Are Brave by Pat Zietlow Miller & Illustrated by Eliza Wheeler | Read Aloud |](#)

[When You Are Brave by Pat Zietlow Miller & Illustrated by Eliza Wheeler | Read Aloud |](#)

Lesson:



[Angel Island Immigration Station Tour - AIISF](#)

What did you notice/wonder/enjoy?

How did immigrants show courage?

EXTENSION:

Read Aloud I Hate English

[I Hate English! By Ellen Levine](#)

Copy of Chinese Exclusion Act

<https://camla.org/chinese-exclusion-act/>

This is a link to the Chinese American Museum in DC

<https://www.chineseamericanmuseum.org/>

JAM Time:

Enjoy this Kung Fu activity [Just Dance Kids Kung Fu Fighting](#)

Closing Community Circle (5-10 minutes)

In the final minutes allow participants to share their new moves.