



Objective:

I Can understand the daily life of the Inca and Maya people.

Activities:

Students will create an Incan soap sculpture using the materials listed below

Materials:

- Clay
- Jewels
- Pom-poms
- Popsicle stick (for carving)

Character Word: Confidence

This is why Confidence is so crucial:

- [Building a Child's Self-Confidence in a World of Racial Inequality.](#)

Confidence Tool kit: Some Songs:

- [Confidence SPOT Song Music Video for Kids](#)
- [33 POSITIVE AFFIRMATIONS FOR KIDS SELF ESTEEM](#)
- [Sesame Street: Will.i.am Sings "What I Am"](#)
- [QuaverEd: You-Nique](#)
- [10 Daily Positive Affirmations for Kids | Boost Your Child's Confidence and Self-Esteem](#)
- [Henry & Leslie \(A Children's Story About Confidence and Self-Love\) kids #bullying_podcast](#)
- [The Kid's Guide to Confidence](#)

Some confidence building games:

- [Banana Banana Meatball Song | Songs For Kids | Dance Along | GoNoodle](#)
- [Freeze Dance 2.0 | Please Don't Move | Virtual Recess | Freeze Song | PhonicsMan Freeze](#)

Lesson:



1. Learn about the lives of the Inka and Maya cultures through a Read Aloud and dance exposition. You are always free to dance along. Play The Origin Story of the Inka [Origin Story of the Inka](#)
2. In the story, the people were taught "ayni", a respect between people and the earth. Ask the students, what are some ways that we can be like the Inca and show respect and care for the earth? Have a conversation with the children about the importance of taking care of the earth. Ask the children in what ways we are similar to the Incas. As the children, how we can practice "ayni" like the Incas.
3. Play the video. [Aztec Dancers](#) Ask the children if they do special dances with their loved ones.
4. Play the video [Facts About Aztec People](#) Discuss the following questions:
 - What life is like for Aztec (what did they learn and eat)?
 - What color could only the emperor wear?

JAM Time:

Sculpture Activity (20-30 minutes)

Allow 20-30 minutes for students to sculpt and decorate their clay sculptures, reflecting what they've learned about the Inka and Maya cultures.

Closing Community Circle (5-10 minutes)

In the final minutes allow participants to share their sculptures and thoughts on the lesson.