



September

Objective:

I can appreciate the rich culture of the Taino civilization by examining historical art and artifacts.

Activities:

The children will paint a Taino symbol rock
[Life Time Kids Crafts - Taino Rocks](#)

Materials:

- Rocks
- Paint
- Paintbrushes
- Taino symbols handout (one per student)

Character Word: Confidence

This is why Confidence is so crucial:

- [Building a Child's Self-Confidence in a World of Racial Inequality.](#)

Confidence Tool kit: Some Songs:

- [Confidence SPOT Song Music Video for Kids](#)
- [33 POSITIVE AFFIRMATIONS FOR KIDS SELF ESTEEM](#)
- [Sesame Street: Will.i.am Sings "What I Am"](#)
- [QuaverEd: You-Nique](#)
- [10 Daily Positive Affirmations for Kids | Boost Your Child's Confidence and Self-Esteem](#)
- [Henry & Leslie \(A Children's Story About Confidence and Self-Love\) kids #bullying_podcast](#)
- [The Kid's Guide to Confidence](#)

Some confidence building games:

- [Banana Banana Meatball Song | Songs For Kids | Dance Along | GoNoodle](#)
- [Freeze Dance 2.0 | Please Don't Move | Virtual Recess | Freeze Song | PhonicsMan Freeze](#)

Lesson:



Today we will learn about Wangari Maathai, a Kenyan woman and Africa's first female Nobel Peace Prize Laureate. Today's activity, I am a Hummingbird, is based on Wangari's story about the hummingbird and her personal quest to save the trees and forests of her beloved homeland. Play the video [Wangari's Trees of Peace](#). Follow-up questions:

- A. What did Wangari do when they tried to stop her?
- B. Why are trees important?
- C. How was Wangari confident?

1. Play the video, I will be a hummingbird. This video is a brief story on confidence. After watching the video, ask the children what they noticed in the story/video. Ask the children how they can be confident like the hummingbird. [I Will Be A Hummingbird](#)
2. If time permits play video of Senator Barack Obama meeting Ms. Maathai. [Obama Plants Tree with Maathai](#)
3. Allow 10-15 minutes for students to color/craft/decorate their hummingbirds.

JAM Time:

Distribute the craft materials to students. Allow 20 minutes for students to craft and decorate their rocks. Students should reference the Taino handout sheet to incorporate authentic symbols into their craft. The following link contains Taino music to enjoy while you work. [Taino Music \(Working Music\)](#). Give students time to clean up. Finally, allow 5-10 minutes at the end for your Community Circle to share student work.